



The Baseball Association of Hong Kong, China

2026-2027 Baseball5 National Squad Training Scheme (B5 NS)

2026-2027 Baseball5 Regional Squad Elite Training Scheme (B5 RS)

Preparation for the Major Events in 2026-2027

For the period of May 2026 to Mar 2027



Organizer:

The Baseball Association of Hong Kong, China (BAHKC)

Last updated: 25 Sep 2026

Subvention:

Subvented by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. BI & Cat. BII)

Subvented by the Arts and Sport Development Fund (ASDF) under the Sir David Trench Fund for Recreation

B5 NS & RS

&
常規訓練及
備戰時間表

Date (YYYY-MM-DD)	Day	Day	Time	Hours	Proposed Venue	Remarks	Subvention Source
2026. 05. 15	Fri	5	19:00 ~ 22:00	3:00	St.Andrews-SSP	區隊常規訓練(B5 RS)	LCSD Cat. B(II)
2026. 05. 17	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)
2026. 05. 22	Fri	5	19:00 ~ 22:00	3:00	St.Andrews-SSP	區隊常規訓練(B5 RS)	LCSD Cat. B(II)
2026. 05. 24	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)
2026. 05. 29	Fri	5	19:00 ~ 22:00	3:00	St.Andrews-SSP	區隊常規訓練(B5 RS)	LCSD Cat. B(II)
2026. 05. 31	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)
2026. 06. 05	Fri	5	19:00 ~ 22:00	3:00	St.Andrews-SSP	區隊常規訓練(B5 RS)	LCSD Cat. B(II)
2026. 06. 07	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)
2026. 06. 12	Fri	5	19:00 ~ 22:00	3:00	St.Andrews-SSP	區隊常規訓練(B5 RS)	LCSD Cat. B(II)
2026. 06. 14	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)
2026. 06. 19	Fri	5	19:00 ~ 22:00	3:00	St.Andrews-SSP	*是日訓練取消 區隊常規訓練(B5 RS)	LCSD Cat. B(II)
2026. 06. 21	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)
2026. 06. 26	Fri	5	19:00 ~ 22:00	3:00	St.Andrews-SSP	區隊常規訓練(B5 RS)	LCSD Cat. B(II)
2026. 06. 28	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)
2026. 07. 03	Fri	5	19:00 ~ 22:00	3:00	St.Andrews-SSP	區隊常規訓練(B5 RS)	LCSD Cat. B(II)
2026. 07. 05	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)
2026. 07. 10	Fri	5	19:00 ~ 22:00	3:00	St.Andrews-SSP	區隊常規訓練(B5 RS)	LCSD Cat. B(II)
2026. 07. 12	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)
2026. 07. 17	Fri	5	19:00 ~ 22:00	3:00	St.Andrews-SSP	區隊常規訓練(B5 RS)	LCSD Cat. B(II)
2026. 07. 19	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)
2026. 07. 24	Fri	5	19:00 ~ 22:00	3:00	St.Andrews-SSP	區隊常規訓練(B5 RS)	LCSD Cat. B(II)
2026. 07. 26	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)
2026. 07. 31	Fri	5	19:00 ~ 22:00	3:00	St.Andrews-SSP	區隊常規訓練(B5 RS)	LCSD Cat. B(II)
2026. 08. 02	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)
2026. 08. 07	Fri	5	19:00 ~ 22:00	3:00	St.Andrews-SSP	*是日訓練取消 區隊常規訓練(B5 RS)	LCSD Cat. B(II)
2026. 08. 09	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	*是日訓練取消 第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)
2026. 08. 10	Mon	1	19:00 ~ 22:00	3:00	TBA	全國五人制棒球俱樂部錦標賽 - 加操	LCSD Cat. B(I)
2026. 08. 13	Thu	4	19:00 ~ 22:00	3:00	TBA	全國五人制棒球俱樂部錦標賽 - 加操	LCSD Cat. B(II)
2026. 08. 14	Fri	5	19:00 ~ 22:00	3:00	St.Andrews-SSP	*是日訓練取消 區隊常規訓練(B5 RS)	LCSD Cat. B(II)
2026. 08. 14	Fri	5			寧夏銀川	全國五人制棒球俱樂部錦標賽 - 報到日	LCSD Cat. A(I)
2026. 08. 15	Sat	6			寧夏銀川	全國五人制棒球俱樂部錦標賽(公開組)	LCSD Cat. A(I)
2026. 08. 16	Sun	7			寧夏銀川	全國五人制棒球俱樂部錦標賽(公開組)	LCSD Cat. A(I)
2026. 08. 16	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	*是日訓練取消 第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)
2026. 08. 17	Mon	1			寧夏銀川	全國五人制棒球俱樂部錦標賽 - 返港	LCSD Cat. A(I)
2026. 08. 21	Fri	5	19:00 ~ 22:00	3:00	St.Andrews-SSP	區隊常規訓練(B5 RS)	LCSD Cat. B(II)
2026. 08. 23	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)
2026. 08. 28	Fri	5	19:00 ~ 22:00	3:00	St.Andrews-SSP	區隊常規訓練(B5 RS)	LCSD Cat. B(II)
2026. 08. 30	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)
2026. 09. 04	Fri	5	19:00 ~ 22:00	3:00	St.Andrews-SSP	區隊常規訓練(B5 RS)	LCSD Cat. B(II)
2026. 09. 06	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)
2026. 09. 11	Fri	5	19:00 ~ 22:00	3:00	St.Andrews-SSP	*是日訓練取消 區隊常規訓練(B5 RS)	LCSD Cat. B(II)
2026. 09. 11	Fri	5			D.PARK	香港 High Five 五人棒球錦標賽	LIE
2026. 09. 12	Sat	6			D.PARK	香港 High Five 五人棒球錦標賽	LIE
2026. 09. 13	Sun	7			D.PARK	香港 High Five 五人棒球錦標賽	LIE
2026. 09. 14	Mon	1	19:00 ~ 22:00	3:00	TBA	*未有訓練 備戰WBSC Baseball5 World Cup - S&C	ASDF
2026. 09. 15	Tue	2	19:00 ~ 22:00	3:00	TBA	*未有訓練 備戰WBSC Baseball5 World Cup 2026	ASDF
2026. 09. 17	Thu	4	19:00 ~ 22:00	3:00	TBA	*未有訓練 備戰WBSC Baseball5 World Cup 2026	ASDF
2026. 09. 18	Fri	5	19:00 ~ 22:00	3:00	St.Andrews-SSP	區隊常規訓練(B5 RS)	LCSD Cat. B(II)
2026. 09. 20	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)
2026. 09. 21	Mon	1	19:00 ~ 22:00	3:00	TBA	*未有訓練 備戰WBSC Baseball5 World Cup - S&C	ASDF
2026. 09. 22	Tue	2	19:00 ~ 22:00	3:00	TBA	*未有訓練 備戰WBSC Baseball5 World Cup 2026	ASDF



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Organizer:

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Last updated: 25 Sep 2026

Subvention:

Subvented by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. BI & Cat. BII)

Subvented by the Arts and Sport Development Fund (ASDF) under the Sir David Trench Fund for Recreation

B5 NS & RS

**&
常規訓練及
備戰時間表**

Date (YYYY-MM-DD)	Day	Day	Time	Hours	Proposed Venue	Remarks	Subvention Source
2026-09-24	Thu	4	19:00 ~ 22:00	3:00	TBA	*未有訓練 備戰WBSC Baseball5 World Cup 2026	ASDF
2026-09-25	Fri	5	19:00 ~ 22:00	3:00	St. Andrews SSP	*是日訓練取消 區隊常規訓練(B5-RS)	LCSD Cat. B(II)
2026-09-27	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)
2026-09-28	Mon	1	19:00 ~ 22:00	3:00	TBA	*未有訓練 備戰WBSC Baseball5 World Cup - S&C	ASDF
2026-09-29	Tue	2	19:00 ~ 22:00	3:00	TBA	*未有訓練 備戰WBSC Baseball5 World Cup 2026	ASDF



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B5 NS & RS

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常規訓練及
備戰時間表**

Date (YYYY-MM-DD)	Day	Day	Time	Hours	Proposed Venue	Remarks	Subvention Source
2026.10.01	Thu	4	19:00 ~ 22:00	3:00	TBA	*未有訓練 備戰WBSC Baseball5 World Cup 2026	ASDF
2026.10.02	Fri	5	19:00 ~ 22:00	3:00	St.Andrews-SSP	區隊常規訓練(B5 RS)	LCSD Cat. B(II)
2026.10.03	Sat	6	9:00 ~ 12:00	3:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup 2026	ASDF
2026.10.03	Sat	6	12:00 ~ 14:00	2:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup - S&C	ASDF
2026.10.04	Sun	6	13:00 ~ 15:00	2:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup - S&C	ASDF
2026.10.04	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)
2026.10.05	Mon	1	19:00 ~ 22:00	3:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup 2026	ASDF
2026.10.06	Tue	2	19:00 ~ 22:00	3:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup 2026	ASDF
2026.10.08	Thu	4	19:00 ~ 22:00	3:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup 2026	ASDF
2026.10.09	Fri	5	19:00 ~ 22:00	3:00	St.Andrews-SSP	區隊常規訓練(B5 RS)	LCSD Cat. B(II)
2026.10.10	Sat	6	9:00 ~ 12:00	3:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup 2026	ASDF
2026.10.10	Sat	6	12:00 ~ 14:00	2:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup - S&C	ASDF
2026.10.11	Sun	6	13:00 ~ 15:00	2:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup - S&C	ASDF
2026.10.11	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)
2026.10.12	Mon	1	19:00 ~ 22:00	3:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup 2026	ASDF
2026.10.13	Tue	2	19:00 ~ 22:00	3:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup 2026	ASDF
2026.10.15	Thu	4	19:00 ~ 22:00	3:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup 2026	ASDF
2026.10.16	Fri	5	19:00 ~ 22:00	3:00	St.Andrews-SSP	區隊常規訓練(B5 RS)	LCSD Cat. B(II)
2026.10.17	Sat	6	9:00 ~ 12:00	3:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup 2026	ASDF
2026.10.17	Sat	6	12:00 ~ 14:00	2:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup - S&C	ASDF
2026.10.18	Sun	6	13:00 ~ 15:00	2:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup - S&C	ASDF
2026.10.18	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)
2026.10.19	Mon	1	19:00 ~ 22:00	3:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup 2026	ASDF
2026.10.20	Tue	2	19:00 ~ 22:00	3:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup 2026	ASDF
2026.10.22	Thu	4	19:00 ~ 22:00	3:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup 2026	ASDF
# 2026.10.23	Fri	5	19:00 ~ 22:00	3:00	St.Andrews-SSP	區隊常規訓練(B5 RS)	LCSD Cat. B(II)
2026.10.23	Fri	5				海外集訓(廣西)	ASDF
2026.10.24	Sat	6				海外集訓(廣西)	ASDF
2026.10.25	Sun	7				海外集訓(廣西)	ASDF
# 2026.10.25	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)
2026.10.26	Mon	1				海外集訓(廣西)	ASDF
2026.10.27	Tue	2	19:00 ~ 22:00	3:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup 2026	ASDF
2026.10.29	Thu	4	19:00 ~ 22:00	3:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup 2026	ASDF
2026.10.30	Fri	5	19:00 ~ 22:00	3:00	St.Andrews-SSP	區隊常規訓練(B5 RS)	LCSD Cat. B(II)
2026.10.31	Sat	6	9:00 ~ 12:00	3:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup 2026	ASDF
2026.10.31	Sat	6	12:00 ~ 14:00	2:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup - S&C	ASDF
2026.11.01	Sun	7	13:00 ~ 15:00	2:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup - S&C	ASDF
2026.11.01	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)
2026.11.02	Mon	1	19:00 ~ 22:00	3:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup 2026	ASDF
2026.11.03	Tue	2	19:00 ~ 22:00	3:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup 2026	ASDF
2026.11.05	Thu	4	19:00 ~ 22:00	3:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup 2026	ASDF
2026.11.06	Fri	5	19:00 ~ 22:00	3:00	St.Andrews-SSP	區隊常規訓練(B5 RS)	LCSD Cat. B(II)
2026.11.07	Sat	6	9:00 ~ 12:00	3:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup 2026	ASDF
2026.11.07	Sat	6	12:00 ~ 14:00	2:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup - S&C	ASDF
2026.11.08	Sun	6	13:00 ~ 15:00	2:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup - S&C	ASDF
2026.11.08	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)
2026.11.09	Mon	1	19:00 ~ 22:00	3:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup 2026	ASDF
2026.11.10	Tue	2	19:00 ~ 22:00	3:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup 2026	ASDF
2026.11.12	Thu	4	19:00 ~ 22:00	3:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup 2026	ASDF
2026.11.13	Fri	5	19:00 ~ 22:00	3:00	St.Andrews-SSP	區隊常規訓練(B5 RS)	LCSD Cat. B(II)
2026.11.15	Sun	1	13:00 ~ 15:00	2:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup - S&C	ASDF
2026.11.15	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)
2026.11.16	Mon	1	19:00 ~ 22:00	3:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup 2026	ASDF
2026.11.17	Tue	2	19:00 ~ 22:00	3:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup 2026	ASDF
2026.11.19	Thu	4	19:00 ~ 22:00	3:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup 2026	ASDF
2026.11.20	Fri	5	19:00 ~ 22:00	3:00	St.Andrews-SSP	區隊常規訓練(B5 RS)	LCSD Cat. B(II)
2026.11.21	Sat	6	9:00 ~ 12:00	3:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup 2026	ASDF
2026.11.21	Sat	6	12:00 ~ 14:00	2:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup - S&C	ASDF



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常規訓練及
備戰時間表

	Date (YYYY-MM-DD)	Day	Day	Time	Hours	Proposed Venue	Remarks	Subvention Source
	2026. 11. 22	Sun	6	13:00 ~ 15:00	2:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup - S&C	ASDF
	2026. 11. 22	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)
	2026. 11. 23	Mon	1	19:00 ~ 22:00	3:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup - S&C	ASDF
	2026. 11. 24	Tue	2	19:00 ~ 22:00	3:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup 2026	ASDF
	2026. 11. 26	Thu	4	19:00 ~ 22:00	3:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup 2026	ASDF
#	2026. 11. 27	Fri	5	19:00 ~ 22:00	3:00	St.Andrews-SSP	區隊常規訓練(B5 RS)	LCSD Cat. B(II)
	2026. 11. 27	Fri	5				海外集訓(台北)	ASDF
	2026. 11. 28	Sat	6				海外集訓(台北)	ASDF
	2026. 11. 29	Sun	7				海外集訓(台北)	ASDF
#	2026. 11. 29	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)
	2026. 11. 30	Mon	1	19:00 ~ 22:00	3:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup	ASDF
	2026. 12. 01	Tue	1	19:00 ~ 22:00	3:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup	ASDF
	2026. 12. 03	Thu	1	19:00 ~ 22:00	3:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup	ASDF
	2026. 12. 04	Fri	5	19:00 ~ 22:00	3:00	St.Andrews-SSP	區隊常規訓練(B5 RS)	LCSD Cat. B(II)
	2026. 12. 06	Sun	7	13:00 ~ 15:00	2:00	CFCCHS-FL	備戰WBSC Baseball5 World Cup-S&C	ASDF
	2026. 12. 06	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)
	2026. 12. 07	Mon	1			Puerto Rico	Arrival at Puerto Rico	ASDF
	2026. 12. 08	Tue	2			Puerto Rico	Pre-game practice	ASDF
	2026. 12. 09	Wed	3			Puerto Rico	WBSC Baseball5 World Cup 2026	ASDF
	2026. 12. 10	Thu	4			Puerto Rico	WBSC Baseball5 World Cup 2026	ASDF
#	2026. 12. 11	Fri	5	19:00 ~ 22:00	3:00	St.Andrews-SSP	區隊常規訓練(B5 RS)	LCSD Cat. B(II)
	2026. 12. 11	Fri	5			Puerto Rico	WBSC Baseball5 World Cup 2026	ASDF
	2026. 12. 12	Sat	6			Puerto Rico	WBSC Baseball5 World Cup 2026	ASDF
#	2026. 12. 13	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)
	2026. 12. 13	Sun	7			Puerto Rico	WBSC Baseball5 World Cup 2026	ASDF
	2026. 12. 14	Mon	1			Puerto Rico	WBSC Baseball5 World Cup 2026	ASDF
	2026. 12. 15	Tue	2			Puerto Rico	Retrun to Hong Kong	ASDF
	2026. 12. 18	Fri	5	19:00 ~ 22:00	3:00	St.Andrews-SSP	區隊常規訓練(B5 RS)	LCSD Cat. B(II)
	2026. 12. 20	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)
	2026.12.25	Fri	5	19:00 ~ 22:00	3:00	TBC	因公眾假期，沒有訓練 區隊常規訓練(B5 RS)	LCSD Cat. B(II)
	2026. 12. 27	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)
	2027 Jan - Mar					TBC	III Youth Baseball5 Asia Cup 2027	
	2027.01.01	Fri	5	19:00 ~ 22:00	3:00	TBC	因公眾假期，沒有訓練 區隊常規訓練(B5 RS)	LCSD Cat. B(II)
	2027. 01. 03	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)
	2027. 01. 08	Fri	5	19:00 ~ 22:00	3:00	St.Andrews-SSP	區隊常規訓練(B5 RS)	LCSD Cat. B(II)
	2027. 01. 10	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)
	2027. 01. 15	Fri	5	19:00 ~ 22:00	3:00	St.Andrews-SSP	區隊常規訓練(B5 RS)	LCSD Cat. B(II)
	2027. 01. 17	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)
	2027. 01. 22	Fri	5	19:00 ~ 22:00	3:00	St.Andrews-SSP	區隊常規訓練(B5 RS)	LCSD Cat. B(II)
	2027. 01. 24	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)
	2027. 01. 29	Fri	5	19:00 ~ 22:00	3:00	St.Andrews-SSP	區隊常規訓練(B5 RS)	LCSD Cat. B(II)
	2027. 01. 31	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)
	2027. 02. 05	Fri	5	19:00 ~ 22:00	3:00	St.Andrews-SSP	區隊常規訓練(B5 RS)	LCSD Cat. B(II)
	2027.02.07	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	新春期間沒有訓練 第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)
	2027. 02. 12	Fri	5	19:00 ~ 22:00	3:00	St.Andrews-SSP	區隊常規訓練(B5 RS)	LCSD Cat. B(II)
	2027. 02. 14	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)
	2027. 02. 19	Fri	5	19:00 ~ 22:00	3:00	St.Andrews-SSP	區隊常規訓練(B5 RS)	LCSD Cat. B(II)
	2027. 02. 21	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)
	2027. 02. 26	Fri	5	19:00 ~ 22:00	3:00	St.Andrews-SSP	區隊常規訓練(B5 RS)	LCSD Cat. B(II)
	2027. 02. 28	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)
	2027. 03. 05	Fri	5	19:00 ~ 22:00	3:00	St.Andrews-SSP	區隊常規訓練(B5 RS)	LCSD Cat. B(II)
	2027. 03. 07	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)
	2027. 03. 12	Fri	5	19:00 ~ 22:00	3:00	St.Andrews-SSP	區隊常規訓練(B5 RS)	LCSD Cat. B(II)
	2027. 03. 14	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)
	2027. 03. 19	Fri	5	19:00 ~ 22:00	3:00	St.Andrews-SSP	區隊常規訓練(B5 RS)	LCSD Cat. B(II)
	2027. 03. 21	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)



The Baseball Association of Hong Kong, China

2026-2027 Baseball5 National Squad Training Scheme (B5 NS)

2026-2027 Baseball5 Regional Squad Elite Training Scheme (B5 RS)

Preparation for the Major Events in 2026-2027

For the period of May 2026 to Mar 2027



Organizer:

The Baseball Association of Hong Kong, China (BAHKC)

Last updated: 25 Sep 2026

Subvention:

Subvented by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. BI & Cat. BII)

Subvented by the Arts and Sport Development Fund (ASDF) under the Sir David Trench Fund for Recreation

B5 NS & RS

**&
常規訓練及
備戰時間表**

Date (YYYY-MM-DD)	Day	Day	Time	Hours	Proposed Venue	Remarks	Subvention Source
2027.03.26	Fri	5	19:00 ~ 22:00	3:00	TBC	因公眾假期，沒有訓練 區隊常規訓練(B5 RS)	LCSD-Cat. B(II)
2027.03.28	Sun	7	15:00 ~ 18:00	3:00	CFCCHS-FL	第一梯隊常規訓練(B5 NS)	LCSD Cat. B(I)

備註 Remarks:

訓練時間表得按場地情況作出調整。

The training schedule should be adjusted according to the venue conditions.

未有外出集訓或比賽安排之球員，本地集訓將如常進行。

Players who are not scheduled for overseas training or competitions will continue with local training as usual.

List of School Venues

RS **St.Andrews-SSP** SKH St. Andrew's Primary School, 3 Hoi Lai Street, Sham Shui Po, Kowloon (九龍深水埗海麗街3號 聖公會聖安德列小學)

NS **CFCCHS-FL** Caritas Fanling Chan Chun Ha Secondary School, 28 San Wan Road, Fanling, N. T. (新界粉嶺新運路28號明愛粉嶺陳震夏中學)

香港 High Five 五人棒球錦標賽 Venues:

D.PARK, 398 Castle Peak Road, Tsuen Wan, New Territories